



# Sierra Academy

## Friday Letter

2/03/12

Volume 20

### NO School



There will be no school on 2/20 in observance of President's Day. Please mark your calendars.

### Candy Grams



Sierra students will be selling candy grams for Valentine's Day starting next Monday for \$1.00.

The money raised will be used towards the Sierra Yearbook. These are available to the students, as well as parents, so please support Sierra and get in the Valentine spirit!

### Go Bananas over Books



For every book your student reads at home they will receive a banana for our new bulletin board. They can write their name and the title of the book on it.

There will be a special treat for the student who earns the most bananas. Get reading Sierra Students!

### Run for Autism



The Run for Autism is March 24<sup>th</sup> this year, and the earlier you register, the lower the cost. We have created a team named the Sierra Stars and we encourage all students and families to join. There is a 5K run or 1K walk. Sierra will have a booth set up at the resource fair as well. We hope to see you there!

### Sierra Sunrise Café



We have revamped the Sierra Sunrise Café to serve our students some new and delicious morning essentials. Some of our new items are English Muffins with Jam, Eggo Waffles, juice, and cereal to name a few. Please remember this is a cash only business. We look forward to serving our customers!

### February Fling/Sierra Social

Sierra will be hosting a school dance on February 14<sup>th</sup> with students from Excelsior Academy from 12-2pm. This will be a fun activity to meet and make new friends from another school. Please see the attached flyer for more details.

### Lost and Found

We have many different clothing items that have been left at Sierra over the past few months. Please contact us if your student is missing a backpack, sweatshirt, or t-shirt.

### Pancake Breakfast



Students will be hosting a Pancake Breakfast on Thursday, February 16<sup>th</sup> from 8:30 to 9:30. This is a fundraiser to purchase Final Cut Pro, which is a program we will be using for our new movie making elective. More information will be sent home as the date approaches.

### Smoothie Tuesdays



Our smoothies this week were a sweet and healthy success! Students in the ACT Program will be selling fresh fruit smoothies on Tuesdays for \$1 during break. Students will be taking orders on Mondays, as well as sending order forms home on Fridays. Students will be selling them out of the Sunrise Café. This is a great healthy snack for students!!

### ACT News

- ❖ This is the last week of our yoga course at the Downtown YMCA. The students have been learning the basic postures and breathing principles of the yoga practice.
- ❖ Students will continue to plan their weekly lunch outings; they are working on counting calories and will track their intake! This week, we went to Sombrero's and Stoneflats!
- ❖ Act will be having a mobility training outing to Fashion Valley Mall on Thursday 2/9. We will be also be having our lunch outing in Fashion Valley to experience more of our San Diego community.
- ❖ ACT is also running some awesome new electives this semester, including a movie making class and photography class. The students are excited to be introduced to some of these new techniques!

### Coach's Corner

The Wolves had a great game today against Aseltine today. The team has been working very hard in practice and it really showed on the court. Next weeks game will be against Springall Academy at 11:00am on Friday February 10th at Alliant University. We hope to see you at the game! Go Wolves!

